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32. (New) The mouthguard of claim 27, wherein the first and second bite tab portions are adapted to engage a portion of both the top and bottom teeth of the wearer when the jaw of the wearer's mouth is closed.

33. (New) The mouthguard of claim 27, wherein the first and second bite tab portions are integrally formed with one another.

34. (New) The mouthguard of claim 29, wherein the first bite tab portion includes a division that provides added flexibility to the bite tab portion.

35. (New) The mouthguard of claim 30, wherein the division comprises a slit arising from the distal side of the first bite tab portion.

## **IN THE SPECIFICATION:**

Please add the following paragraph to the specification. Please insert the new paragraph in between lines 28 and 29 on page 7 of the application (between "in FIG. 4." and "In an alternative design to these mouthguards shown in FIGS. 1-6...."):

"As shown in FIGS. 4-5, the second embodiment contains a third horizontal groove located on the front curved surface of the mouthguard. The groove is defined by a shoulder located just above aperture 130, and below helmet strap attachment 20. In this example, the shoulder is located at about the level of the inwardly projecting elements 18a and 18b. Because of the shoulder, the front curved surface of the mouthguard located immediately above the

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inwardly projecting elements has a greater circumference than the front curved surface of the mouthguard located below the inwardly projecting elements. In other words, the mouthguard's top front curved surface generally extends farther outside than does its bottom front curved surface."